GOLDVARG
Consulting Group

VIRTUAL PROFESSIONAL COACH CERTIFICATION

From March 26 to August 6, 2020 (20 weekly sessions)

CCE
Continuing Coaching Education
International Coach Federation

GOLDVARG
Consulting Group

ACSTH
Approved Coach Specific Training Hours
International Coach Federation

CERTIFICATION

The certification offered by The Goldvarg Consulting Group is accredited by the International Coach Federation (ICF) as ACSTH (Approved Coaching Specific Training Hours). It is designed to develop coaching skills and provide professional services worldwide.

OBJECTIVES

Our program is designed to train participants to develop coaching skills. By the end of the program, participants are able to understand and apply ICF Core Coaching Competencies and enhance their personal and work effectiveness

Topics covered include: Coaching Agreement, Building a Partnership, Communication Skills, Coaching Presence, Cultural Diversity, Emotional Intelligence, and Positive Psychology. The program includes coaching practice and work with a mentor coach who provides feedback from recorded sessions.

Potential certification participants include: human resource partners, training, and organizational development professionals, leaders, and managers.

PROFESSIONAL COACH CERTIFICATION

INSTRUCTOR

Damian Goldvarg, Ph.D., Master Certified Coach, will be the lead coach on this program. He is the President of The Goldvarg Consulting Group, a management consulting firm that works with Fortune 100 companies worldwide, as well as with local community based organizations in Los Angeles County, offering services in English, Spanish, and Portuguese.

Dr. Goldvarg has thirty years of consulting experience as a trainer and in developing leaders and empowering people at their workplace. He provides services in: executive coaching, organizational assessment and intervention, leadership training, performance feedback, and group facilitation. He has been training coaches, mentor coaches, and coach supervisors for ten years.

He has worked in more than forty countries and with different levels of management. He was the Global Chair of the International Coach Federation Board of Directors in 2013 and 2014 and author of five coaching books.

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PROGRAM DETAILS

The program lasts 80 hours with the following components:

1**. Webinars** (Total: 32 hours in 16 sessions of 2 hours each for 4 months) Thursdays at 4.00 PM PST starting on March 5, 2020.

Participants have to attend to 80% of the classes to receive the certification of attendance.

2. Readings (Total: 12 hrs)

Participants need to plan to spend an average of 1hr. per week for readings, 16 hours total. This program will assign readings from three (3) texts.

- Emotional Intelligence 2.0, Greaves, J., Lencioni, P. TalentSmart. (2009).

- Professional Coaching Competencies, by Goldvarg, Matthews, and Perel (2018).

- Language and the Pursuit of Happiness. C. Brothers. New Possibilities Press (2005).

3. Individual Mentor Coaching Sessions (Total: 6 hrs)

The individual sessions are an additional ICF certification requirement. Participants complete these individual sessions with a certified mentor coach. These mentor coaching sessions must be arranged individually based on mutual availability.

4.Coaching Practice (Total: 15 hrs.)

To assist participants in building their coaching skills, they have to schedule 5 coaching sessions with at least 3 individuals for a total of at least 15 hours. These hours count towards the 100 hours of certification required for ICF ACC – Associate Certified Coach Credential.

5. Individual Coaching Sessions (Total 5 hrs.)

Participants will receive coaching from program graduates to understand how coaching works and experience being a coachee before working professionally as a coach.

6. Group Mentor Coaching (Total 10 hrs.)

Participants meet in small groups four times for 2. 5 hours each, to practice and receive feedback from a Mentor Coach.

PROGRAM FEES

$4,000. Includes Mentor Coaching.

ROAD TO ICF CERTIFICATION

In order to follow the ACSTH path to become an ICF Associate Certified Coach (ACC), participants will need to:

- Submit Coaching Tools Certificate of Completion to ICF (you will receive the certificate after completing all program requirements).
- Log a minimum of 100 hours of client coaching experience (Coaching Tools Certification will fulfill thefirst 15 hours towards this requirement).
- Complete the Coach Knowledge Assessment (CKA).
- Submit a fee of $300 to ICF ($100 if you are an ICF member).

Please see ICF website (coachfederation.org) for further details on ACC application requirements.

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