




GOLDVARG
Consulting Group



THE PATH TO MASTERFUL COACHING

Wednesdays, 8:00 AM to 10:30 AM PST May 7 to August 7, 2025 (14 weeks)





PROGRAM OBJECTIVES AND STRUCTURE

OBJECTIVES

The goal of the program is to support experienced coaches to enhance their practices and prepare them to apply for their MCC credential. By the end of the program participants will be familiar with ICF Core competencies framework at MCC level and receive feedback and support to be able to apply for a MCC credential.

STRUCTURE

The program lasts four months and offers 75 hours of training, including 10 hours of required mentor coaching. Sessions will take place on Wednesdays, every week from 8:00 AM to 10:30 AM PST. Every week there will be a different activity: webinar, group mentor coaching, or triad practice (observed sessions).

FACILITATOR: DAMIAN GOLDVARG, MCC, ESIA



Damian Goldvarg, Ph.D., Master Certified Coach, is the President of The Goldvarg Consulting Group, a management consulting firm that works with Fortune 100 companies worldwide, as well as with local community based organizations in Los Angeles County, offering services in English, Spanish, and Portuguese.

Dr. Goldvarg has thirty years of consulting experience as a trainer and in developing leaders and empowering people at their workplace. He provides services in: executive coaching, organizational assessment and intervention, leadership training, performance feedback, and group facilitation. He has been training coaches, mentor coaches, and coach supervisors for ten years.

He has worked in more than forty countries and with different levels of management. He was the Global Chair of the International Coach Federation Board of Directors in 2013 and 2014.

He is a recipient of the 2018 Circle of Distinction from the ICF for his global contribution to the coaching profession and the 2019 Supervision Award from EMCC for his contribution to developing Supervision worldwide.

He wrote five books on coaching and has trained hundreds of professional coaches, mentor coaches, and coach supervisors worldwide in English and Spanish.

PROGRAM:

The program consists of 6 components:

- 1) Eight webinars, 2.5 hrs. each every other week on coaching competencies focusing on ICF model (20 hours). Each webinar focused on one ICF Core Competency.
- 2) Read sections of two books on Coaching Skills (14 hours of self study) and ICF Materials from website.
- 3) Three practice in triads (observed sessions with feedback in writing), 2.5 hrs. each (7.5 hours).
- 4) Four group mentor coaching sessions 2.5 hours each every other week (10 hours). In these sessions there is a rotation of roles and one of the participants coach, one receive coaching, and the rest observes and provide feedback.
- 5) Three individual mentor coaching sessions (3 hours) Participants need to send a recording of a coaching session, transcript, and a self-evaluation to the individual mentor coach.
- 6) Coach at least 3 clients, five hours each, or more clients to add 15 hours in four months. (15 hours).

Total hours: 75 hours

Webinars	20
Readings	15
Triad Practice	7.5
Client´s practice	15
Group Mentor Coaching	10
Individual Mentor Coaching	3

READINGS

- Goldvarg, Matthews, and Perel (2018) Professional Coaching Competencies
- ICF Code of Ethics
- ICF MCC Minimum Skills Requirement
- ICF document with ACC, PCC and MCC comparison

FEES

Cost of the program \$3,500 per person plus \$600 for 3 individual mentor coaching sessions (\$200 each session) to be paid directly to the mentor coach.

For more information contact: info@goldvargconsulting.com



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